

10-25-2010

October 25th 2010

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Recommended Citation

CSUSB, "October 25th 2010" (2010). *Coyote Chronicle*. Paper 12.
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Coyote Chronicle

www.coyotechronicle.com

SMSU hosts Native American activist

By **KATHERINE ORR**
Staff Writer

The Santos Manuel Student Union (SMSU) is a mere symbol of the Native American culture and influence here on campus. The Pow Wow that was held earlier this month was a welcome celebration of several different Native American cultures.

However, the Native American culture is oftentimes mocked in popular culture and media.

On Tuesday, Oct. 19, nearly four hundred staff and students welcomed guest lecturer, Charlene Teters, who spoke on behalf of such circumstances in the SMSU Events Center. It was the first in a series of three lectures titled “Conversations on Diversity” that will be held throughout the school year.

“[Teters] is deeply respected as an artist and a great representative for her people,” said Dr. James Fenelon, professor of sociology at CSUSB.

Teters is an activist against the misuse and misrepresentation of Native Americans and their symbols in contemporary society.

She is also a member of the Spokane Tribes, and as such, said she felt there was no safe place when the mascot of her school - University of Illinois, was Chief Illiniwek.

“Indian imagery [was] connected to different things,” said Teters.

While still a graduate student at the University of Illinois, Teters said she brought her children to a basketball game. During halftime, the mascot came onto the court with a headdress made of 90 eagle feathers; so many that they dragged on the floor.

She said her children were humiliated because the feathers of the mascot touched the ground, which is thought to be very disgraceful in many Native American cultures.

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‘Yotes rock the vote as they rock the block

Registration was low, but the crowd
was high in support of the event

By **JOEY MONZON**
Staff Writer

Block Party was a night filled with motivation, music, and some unexpected waterworks.

The second annual Block Party took place in front of the Pfau Library on Oct. 16. The event had student DJs, local bands, vendors, clubs, organizations and the headlining band, Shiny Toy Guns.

“Basically, it is a welcome back event for the students; to get them motivated” said Nick Kendle, the organizer of the event and Associated Students Incorporated (ASI) vice president of university affairs.

Kendle said that the event was open to all campus clubs and this year, it was tied together with the Rock the Vote campaign who’s very mission is to encourage young people to get involved with politics and vote.

“We have a goal to get two hundred people to vote. But we hope at the same time, most of you are already registered,” Kendle said the day of the event.

Kendle said the event was also sponsored by recreational sports, housing, Coyote Radio, and the student union.

There were several vendors there including a pizza truck and a cupcake truck.

Some of the local artists that performed night were Backseat Pilots, Mixed Beauty, Chris James and The Creations and many others.

The night seemed to be going without a hitch until the lawn sprinklers came on at about 8:30 p.m. The show was



Crystal Cuyan | Chronicle Photo

Sisely Treasure, from the headlining band Shiny Toy Guns, takes center stage and connects with fans who were excited to see them perform their hits so up close.

stopped, the crowd got wet but the water came dangerously close to the equipment.

“When the sprinklers went off it was awesome, everyone seemed in a panic and I saw one girl get nailed in the face with sprinkler water,” said student, Christina Janesin.

Kendle, on the other hand, did not feel the same way. “I just saw people scatter, I was in shock,” Kendle said. “It was pretty interesting to say the least. I was both-

ered and upset.”

After about half an hour and a couple more surprise sprinklers popping up, the water was stopped and she show continued.

Finally, the headliner came on stage, to an excited and roaring crowd, to close the show.

“Shiny Toy Guns were amazing,” Janesin said. “I love

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CSUSB to celebrate Dia de los Muertos

By **ORLANDRIA BRAZIER**
Staff Writer

The Association of Latino Faculty, the Robert V. Fullerton Art Museum (RVF), and a host of departments and student organization presents the second annual Celebración del Día de los Muertos on Oct. 29.

In spirit of the Latin American holiday, Dia de los Muertos, the Fullerton Art Museum is co-hosting an art exhibit that is expected to educate and entertain the San Bernardino community.

“What I want to see happen at this event is for people from our surrounding community, that have yet to visit our campus, come and learn about how different people celebrate the passing of love ones,” said Valentina Watson, career information coordinator for Title V Grant and Coyote Careers.

Dias de los Muertos is a Mexican holiday that has a rich indigenous background.

This is a holiday in which friends and family gather to celebrate and remember the lives of friends and family who have died.

CSUSB dedicates this event to the true meaning of this traditional holiday.

“I wanted to do this lecture because I think people don’t really know the true meaning of the Day of the Dead here in America. Immigrating here from Poland, I felt like this holiday isn’t publicized as it is in other countries,” said Iwona-Maria Luczkiewicz Contreras, administrative analyst at the RVF.

The exhibit titled “Altered Altars” will feature an installation piece from contemporary artist Xavier Cortez who says that this piece is intended to challenge the notion of hierarchical ranks in terms of art.

“The exhibit is a hybrid of the real world, in which we live, in reference to the different eras with a contemporary twist,” said Cortez.

Cortez is also a faculty member of the College of Extended Learning at the University of Riverside and a member of OSHER at the Palm Desert campus. He said he urged students to get out of their comfort zone and to question the conventional.

“I don’t mind pushing the envelope and challenging tradition,” Cortez said.

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Back to the block and ready to rock



Haley Brown | Chronicle Photo

When the local all female group, Mixed Beauty took to the stage, they put on a show-stopping performance at Block Party.

how they played a lot of their older stuff. The song ‘Don’t Cry Out,’ definitely my favorite.”

Although many were focused on the entertainment, the night was aimed at getting younger people to register to vote as the November elections get closer.

“That night we got like twenty people [to register],” said Kendle. “It’s better than zero. We wanted more but you know.”

The lack of people registering that night seemed to indicate to Kendle a possible good sign.

“When I asked the crowd who was

already registered I got a pretty loud response,” Kendle said.

With the elections looming on Nov. 2, students have until then to register to vote.

“I feel as cliché as it sounds, we are the future,” said Janesin, who is registered to vote. “The sooner our generation realizes that the better.”

According to Kendle, the outcome could have been better but it was much better than what they had hoped for.

“Overall I think it was great. I was happy. It seemed like the audience was happy,” Kendle said.

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Tenacious Teters teaches tolerance to students



Thomas Osekowsky | Chronicle Photo

Speaker Charlene Teters says negative imagery of Native American imagery in sports has harmful effects on people.

After that game, Teters went to a game with a sign that read, “American Indians are human beings, not mascots.”

She said that the sign wasn’t about changing people’s minds, but about telling her children that it was important to protect, their heritage.

That day was the beginning of Teter’s activist career.

The University of Illinois has since retired their mascot in 2007.

The University of North Dakota, whose mascot is the Fighting Sioux, will soon follow suit.

The North Dakota State Board of Education ordered the university to drop its mascot in April.

Teters believes that there’s still a lot of work to be done despite recent successes.

There are still campuses that use Native American mascots. “A university should be a place where all peoples identity is respected,” said Teters.

As an educator, Teters spoke at

CSUSB because she said she has a lot of hope in future generations.

“I hope and trust that if you hear and see [Native Americans] that you will be moved to challenge yourselves and your own communities when you see [injustices] happen,” said Teters.

This is why Teters said she believes that Native Americans should be present in the classroom, sitting in the front row - because their presence challenges peoples notions of Native Americans.

She said when Native Americans are only represented by the caricatures that permeate our pop culture then it makes it difficult for children in schools to know their own heroes and sheroes.

Teters said that because their own history isn’t taught in school and they see the pop culture icons of Native Americans it can have dangerous connotations.

“When you can’t get to a safe place, you know, that stuff ticks away at you like white noise,” said Teters.

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The Coyote Chronicle is published every Friday for distribution on Monday during the academic session by the Communications department.

The opinions expressed in the Chronicle are those of the student writers and editors and do not reflect the views of the university, its faculty, or any other person or institution unless expressly noted.

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Reality TV receives “Divine Intervention”

By **ELVIA RODRIGUEZ**
Staff Writer

A local Catholic priest is looking to take reality TV in a new direction with his quest to teach people about developing their spirituality by giving.

Father Stephen Porter is a priest at Saint Catherine of Sienna in the city of Rialto. The reality show, “Divine Intervention,” is in the process of searching for a network to broadcast it.

“I’ve watched the Kardashians and thought reality TV is awful,” said Porter.

Porter said his initial reaction to reality shows was negative, but he thinks all means of modern communication should be used to get the message of Jesus Christ to people.

“I think people are looking for something different and they have not received it [from television], Porter said.

Porter said religion would be the greatest challenge to overcome with the show, which would focus on living life and using the Bible as a handbook to grow spiritually.

“The show is not intended to compete

with Christians, converting Christians or other religions, as long as we live the life of God,” Porter said.

Porter said spirituality can be developed through prayers, volunteer work, donations, or other actions of giving back to help others.

“Religion is a church or organization. Each one has a spirituality, but it also exists outside of religion,” Porter said.

Monetary benefits of the show would go to the Catholic Church and other charities.

Porter said the Church is supportive of the show and is working with him to be certain everything is done appropriately.

Porter is also working on a website called askfathersteve.com to appeal to college students and younger people as possible viewers of the show.

“If you have a question about life in general, religion, living life, or struggles send me a 30 second video including your question and I will respond,” Porter said.

Porter and a production company,

Lighthouse Blues Television, are in the procedure of getting producers and a network to select the show.

“I’m hoping and praying for a network to pick up the show,” Porter said.

Porter said he wants people to watch his YouTube video and post comments. He wants to know how the show would interest viewers.

Students have expressed mixed opinions about watching a reality TV show that deals with spirituality and religion.

Hernan Calderon is the public relations representative from the Catholic Newman Club at CSUSB.

“I see the show based on an analytical point of view,” said Calderon.

“No one has the same point of view. We should respect the idea and not shun it,” he continued.

Bruce Frencher, a communication studies major, said religion should not be associated with a type of show that usually depicts people acting badly.

“I would be interested in watching the



Elvia Rodriguez | Chronicle Photo

Father Porter is ready to merge religion and reality TV.

show as a documentary,” Frencher said. “Reality shows are acted out to entertain and show crazy stuff.”

Raquel Sandoval is a biology major at CSUSB. She said the show might encourage people who are unsure about their faith to get a different perspective on life and God.

“I would say the show is something modern to watch instead of going to church,” Sandoval said.

“Divine Intervention” is sure to be a reality show unlike anything on TV right now if they find a network to broadcast it and a healthy audience following.

Halloween Haunts



Chelsi Chastain | Chronicle Photo

Skeleton at the Green Spot Farms in Mentone, California.

By **CHELSEI CHASTAIN**
Staff Writer

Halloween may conjure up such time-old traditions as going door to door to collect candy, and carving pumpkins but some students are looking for different activities this holiday season.

There are a few different places Coyotes can go to celebrate Halloween throughout the Inland Empire like the annual “Haunted Hayride” at Green Spot Farms in Mentone.

“During the day, we sell pumpkins and at night we run a haunted hayride” said CSUSB student Sean Sweitzer who volunteers as a monster at the farm.

The Haunted Hayride \$12 for a 15 to 20 minute interactive hayride where you are given a tour of the haunted farm. Volunteers even jump into the hayride wagon to try and scare guests and keep them on their edge of their seats. It is open from Wednesday, Oct. 27 to Sunday, Oct. 31.

“It makes me remember my childhood and I love that I’m giving back to my community,” said Sweitzer.

Sweitzer spoke of the enjoyment he gets from being a monster at the farm, as

well as further recounting memories of attending the event as a child and all the scared fun the haunted ride brought with it.

Furthermore, if your in for an on-your-toes experience, you might want to try the London Terror haunted maze which is located at Fiesta Village in Colton.

It boasts that it is the biggest maze in the Inland Empire and is sure to send a chill down your spine. Admission is \$12 for regular admission or \$12.95 for a mission of laser tag in addition to the maze. You receive two dollars off of admission if you present your college identification.

For students who want to stay local and on campus, a movie night is being held by Associated Students Incorporated (ASI) on Oct. 28 in the Santos Manuel Student Union (SMSU). ASI will be showing “A Nightmare on Elm Street” at 7 p.m. and will provide popcorn and drinks.

Another event going on in light of the Halloween spirit is a Halloween Party that is being hosted by both the Asian Studies and the Math Club on Oct. 28. From 7 p.m. to 1 a.m. there will be DJs, dancing, giveaways and a costume contest at Island Fish and Game for \$10 per person.

For those with children or younger siblings, Mall-o-Ween is another local event taking place to celebrate Halloween night. It will take place at the Ontario Mills mall on Oct. 31 from 4 p.m. to 7 p.m. Approximately 70 percent of the shops will be handing out candy and a map can be obtained from guest services to find out exactly which of the shops are participating.

Although children are encouraged to dress up, there is a costume policy that is strictly enforced. This policy includes no masks for people over the age of 12 and no costumes are to be worn before 4 p.m. or after 7 p.m. This is strictly for safety purposes and is taken very seriously by the mall’s security.

“It’s in the mall, it’s very safe and parents and other members of the family can shop while still participating,” said Jessica Jones, one of the coordinators of the event. The event will also feature Radio Disney as well as crafts for children located in the food court.

These are only a few of the fun events going on to celebrate Halloween, hopefully you will find something that will suit your interests and have a great Halloween.

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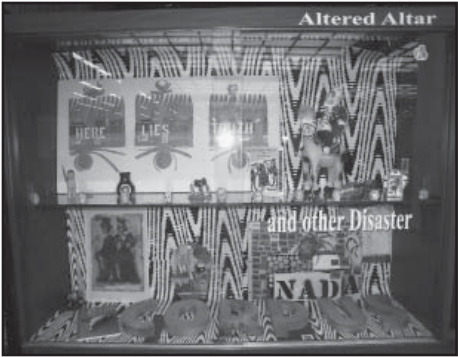
Day of the Dead is day of celebration

In conjunction with the art exhibit there will be ethnic specific foods, drinks, Aztec dancers, a DJ, a documentary film, face painting, photo booths, family arts and craft, sugar skulls and the center piece of the event, a community altar.

Space is limited but complimentary parking will also available in lot ‘M’ and ‘L’.

The altar is provided by LEAD and will be accessible to students and people from the community.

“We encourage students to bring photos of loved ones that have passed, as well



Orlandria Brazier | Chronicle Photo

The Pfau Library exhibits art from Dia de los Muertos.

as, some of their favorite foods to present on the community altar,” said Watson.

There may be great expectations for this event such as celebration and other festivities, but what is not expected is sadness.

“We don’t mourn on this day, we celebrate the lives of our loved ones who are no longer with us, but who we will always remember,” said Watson.

The Coyote Chronicle is always on the look for new talent. Send us your story ideas, photos, tips and leads. If you want to contribute to the newspaper, sign up for Comm 243A to be a writer for the Winter 2011 quarter, registration is going on now! Get in touch with us, let us know what you want to see in your newspaper!

CSU bans sale of class notes

How the Cal State system is infringing upon the rights of students who use NoteUtopia.com to make a few bucks

By **ALLISON UPSTILL**
Staff Writer

The CSU system is infringing on the rights of its students by banning the use of note-sharing on the site NoteUtopia.com

On Sept. 21 the CSU Chancellors office ordered a “cease and desist” of the buying and selling of notes online on NoteUtopia.com, officially starting an intrusion on the private property of students.

NoteUtopia.com is a type of “educational social network” that was formulated for students to upload and share their notes with other students in their class. It was intended to be an additional study reference for students to help other students.

According to a report from San Francisco State University (SFSU): “NoteUtopia.com enables students from similar classes to join and form discussion groups, post questions to classes, engage in live chat, receive feedback from professors and, principally, buy and sell class notes and materials”.

The aspect of the site that is currently under fire is the selling of notes. Notes can be sold for \$1 to \$3, the price is set by the student hoping to sell, and the site takes a 40 percent cut of the profits.

The Chancellor’s office argues that it is in direct violation of CSU Education code 66450, an unfamiliar law.

According to SFSU: California Education Code section 66450 states that “no business, agency, or person, including . . . an enrolled student, can sell or distribute commercially any contemporaneous recording including hand or typewritten notes, of a classroom presentation.”

Based upon the wording, it seems that this rule may not apply to the notes being shared on the site. If the notes are taken in the own words of the student it would not fall under “contemporaneous recording” or the exact or simultaneous reciting of the lecture. Thus, the grounds for restricting the site seem to be off-base.

Ryan Stevens, a recent graduate of SFSU, is the founder of the site. The idea came through an entrepreneur course he took before graduation. The site was intended to be an educational social network.

The website is not illegal and should not be viewed as such.

Taking notes during a lecture has been compared to a movie review by Stevens. You react to the presentation that you are watching; writing down what is important and key to you. Those notes and words belong to the writer in both contexts.

Copyright laws already protect professors and the lectures from exact publication of their works, so the professors have nothing to be concerned over.

“What I’m doing is truly a good thing,” said Stevens,



Courtesy of the Internet

Creator of NoteUtopia.com, Ryan Stevens, argues that students who sell their own notes are not infringing copyright laws. The CSU is taking a different stance.

to Sacbee.com. “I’m not giving them answers to a test under the table. It’s students helping other students do better in school. What else could a professor want?”

These are hard economic times for students, why should good, hard-working students be punished for sharing and gaining worthy profit for their notes? If a student takes the time to take their own notes, in their own words, why is it unlawful to share their own depiction on the lecture? It is their own work. This a direct violation of student rights in this context. If we view the notes being taken as property, then why would students not be allowed to sell their own property?

The ban came only a few weeks after the launch of the

website.

If CSU students continue to sell their notes through NoteUtopia.com, they will be subject to discipline by the university with penalties up to suspension or expulsion for violating this code. Is this fair?

Students can continue to post their lecture notes, just not for profit. So it becomes clear that the problems are not the notes themselves, but the profit-gaining aspect of sharing notes. How exactly is this logical?

It seems the reasons for the restrictions and change have more to do with an issue of power and control from the chancellor’s office then overall protection and well-being of the many CSU students.

Eat on campus, break the bank

By **COURTNEY POOLE**
Staff Writer

It’s not cheap but there aren’t many options.

Every time I get hungry I try to roll with the pangs than roll out the big bucks. This quarter I made it my mission to seek out reasonably priced food on campus. For this argument I’m searching for choices under \$5. When I asked most students how they feel about the price of food on campus I received mixed reviews.

“I bring my own food or go home,” says Alex. When asked if he lived nearby he replied with a simple “no.”

So I was curious why he would bother to drive home to eat if he did not live close and he said, “Because I don’t want to pay the price of food here. It costs too much.”

I absolutely agree with Alex.

Just last week I got out of a class early and decided I would grab a quick bite to eat. I went into the Student Union but did not want fast food or a lot of food period.

I settled for a fruit and yogurt parfait from the Denny’s Express. I was shocked when the server said my total was \$3.91. I could have got the same item from McDonald’s for \$1 down the street if I had

time to leave.

If you only have a few minutes to eat, you cannot walk to your car and drive down the street for food. That means the only option would be to go hungry or prepare to spend at least \$5.

Incidentally, the yogurt parfait I bought (yes I did indeed buy it) brought my on campus total for the day to \$10.50, including a daily parking pass.

Considering most college students, myself included, are financially strapped I wonder why it costs so much to eat here.

Is the price of food on campus so expensive because it is convenient? All answers would point to yes.

Another student Krystal Morgan said “I typically don’t eat on campus. There is not much of a selection. Usually I bring my own food or eat fast food off campus because if I’m going to spend money at least

it’s a sure thing.”

Leaving campus to eat poses the threat of losing a parking space. Obviously it is more convenient to eat on campus than off.

So when scoping out cheap eats around campus I found the Pub has great options and the food is hot. Taco Bell Express is another good choice but it and Starbucks are both about \$1 more than the ones off campus.

I did find one student who did not seem to be bothered by how much food costs on campus. “I don’t think it’s too bad. When you exist on it every day it is pricey. But it’s not like Disneyland where they charge \$4 for water,” Hope Ervin said.

Overall, students are being overcharged for food on campus. I think that the school should care more about providing affordable options for students who eat at school.

Federal government: Prop 19 buzz kill

By LOUIS PENNA
Staff Writer

The argument against Proposition 19 has nothing to do with drug-free working environments, or pot heads running amok in the streets. It has to do with the law.

The federal law to be exact.

If marijuana were legalized in California under Prop. 19, it will be met with opposition from the federal government.

According to the LA Times, U.S. Atty. Gen. Eric Holder said he would, “vigorously enforce” current federal narcotics laws, even if the proposition is passed Nov. 2.

It is already clear in the U.S. Constitution that federal law overrides state law. It is also clear that Prop. 19, if passed, would violate federal law.

Precedents set for this kind of federal vs. state law court battle does not bode well with Prop. 19 hopefuls. The Drug Enforcement Administration was raiding medical marijuana dispensaries across the state, even after the passing of Proposition 215, which legalized medical marijuana in California.

Those raids did not cease until March of 2009 when federal officials announced they would no longer interfere with medical marijuana sales.

If Prop. 19 were to pass, we can expect to see a huge push by the federal government to uphold the Controlled Substance Act. The federal government would therefore sue the state of California and Supreme Court will tell us to shove it.

In the 2005 U.S. Supreme Court case Gonzales vs. Raich, it was made clear that the federal government has all power to ban the use of marijuana, even when it is legal at the state level.

The only tangible fight to legalize marijuana has to be done at the federal level. However members of Congress will not budge in passing any kind of legislation that touches cannabis with a ten-foot pole because of the possibility of blowing their re-election bids.

A new bill was signed last month in California that reduces the penalty of possession of less than an ounce of marijuana to an infraction.

One walk down the Venice Boardwalk and you can’t look either way without seeing a “doctor” ready to give you “medicine.”

Point being, marijuana is easier and more legal to get than ever before. Those who want to smoke pot, do so already and under little risk.

Despite the possible ramifications of this proposition, it does seem that it will pass this election season. Polls by SurveyUSA show 48 percent of likely voters favor the proposition.



Courtesy of Cagle Cartoons

It took almost a decade for Prop. 215 to reach the entire state, and even if Prop. 19 passes, it will be met with harder opposition and a President who is against the legalization of marijuana.

By all standards, the day that California becomes my drug dealer is too good to be true.

Letter to the Editor

Hello Coyote Chronicle and company,

My name is Richard Fredendall, and I am a grad student at CSUSB in the Biology department. I was reading the October 11, 2010 paper and came across an article that caught my eye. It was “Gen eds: A waste of time?” The article bothered me because of a number of things. First being, there is no statistical evidence showing that someone with a major and a minor is better rounded than someone who only has a major. I mean, what if you minor is incorporated in your major? For example, a Biology major with a Chemistry minor would only take 3-4 extra classes outside of their major for this. If you are doing a B.S. in Biology, it is even less.

The second problem with this article is the statistics using the WhatWillTheyLearn.com. The author makes the accusation that there is a correlation with a school’s level of General Ed (GE) and it’s graduation rate. There is no way of knowing unless you crunch the numbers to suggest that a school with a higher graduation rate has it because of having a lower amount of GE. This is wildly presumptuous and makes it look like the author does not know what they are talking about. The fact that the author says they believe this fact makes me think that the people writing these articles either don’t know how to think, or just take bits of information so they can believe what they want. Here is a good example, it’s like taking a school (school A if you will) who has won every sporting event since they were created. This school also has a 80% population of black students. School B has never won a sporting event and has a black student population of about 19%. School A is better because they have more black students. Do you see what I am getting at?

Another problem about this paper is that they use such drastically different schools for examples. For starters one school is private the other is a state school. Second one school has higher standards for entry (i.e. to transfer to Loyola you need a 3.0, for CSUSB you need a 2.0). This hints at the fact that the two schools have a different caliber of student which could affect graduation numbers. This list goes on for potential differences between the two schools and what kind of students they have.

The last (major) problem I have with this piece is the talk about how capstones are a source of revenue. You pay for two types of classes here: 6.0 units and under, and 6.1 units and higher. So if you take 12 units you pay the 6.1 and higher price, and adding a capstone to that does not increase your fees what so ever.

Thank you for your time
Sincerely
Richard Fredendall



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Tyson’s column: A Coyote’s look into counterculture, charities and cool tunes

By **TYSON ELLINGSEN**
Copy Editor

“Everything takes its toll but there’s no tolls I can take / I haven’t yet found a good reason to be awake.”
Rapper Eyedea on his song “Even Shadows Have Shadows.”

Underground Rapper Michael Larsen, better known under his alias Eyedea has passed away at age 28.

The Minneapolis City Pages reported the heart wrenching news that Larsen was found dead by his mother on Oct. 17. The cause of death is currently unknown and both his mother and his record label Rhymesayers have requested privacy as they figure it out.

Eyedea was best known for his collaboration with DJ Abilities on the independent Rhymesayers Entertainment label known for other underground hip hop acts such as Atmosphere, Brother Ali and MF Doom.

He originally started out as a battle emcee, winning competitions and touring with fellow rapper Atmosphere as a support DJ.

He released *First Born* and later joined forces with DJ Abilities to form the group Eyedea and Abilities in 2001.

The group also released one of their most well known albums E&A in 2004 and most recently By the Throat in 2009.

As a solo artist, he released The Many Faces of Oli-

ver Hart, celebrated for its deep, philosophical observant lyrics and subject matter.

Larsen also has albums released under his live, free-style/jazz group Face Candy and had even started a rock group named Carbon Carousel.

The death of such a talented artist is a saddening loss for underground hip-hop and music in general.

On Larsen’s Rhymesayers webpage, Gregory Keltgen known as DJ Abilities expressed his sorrow, writing “Mike was the closest friend I ever had. He was as caring as he was brilliant and was a true prodigy. I am honored to have been in his life and to have created with him and help spread his messages. He was a great human being and he will be missed.”

He will be remembered for his addicting and philosophical lyrics over DJ Abilities smooth yet funky beats.

“No matter what side you see it’s only one side/ No matter how much you think it means, it’s just one side.”

Eyedea on his song “The Many Faces of Oliver Hart.”

One of the more unfair things is that though he was renowned for his skill in the underground hip-hop scene, yet many people I know or talk to have even heard of him.

Most of my peers are well-versed in mainstream hip-hop knowledge but have no clue who this underground

rappers was. Some other peers don’t listen to hip-hop and/or don’t consider it music or an art form. I’ll usually encounter tired arguments against hip-hop and rap like its not real music or about it abusing women and drugs.

These same friends only have rappers like Lil’ Wayne or Soulja’ Boi to observe and it’s horrible.

They’re right to think this too, both just seem inferior to Eyedea’s abilities.

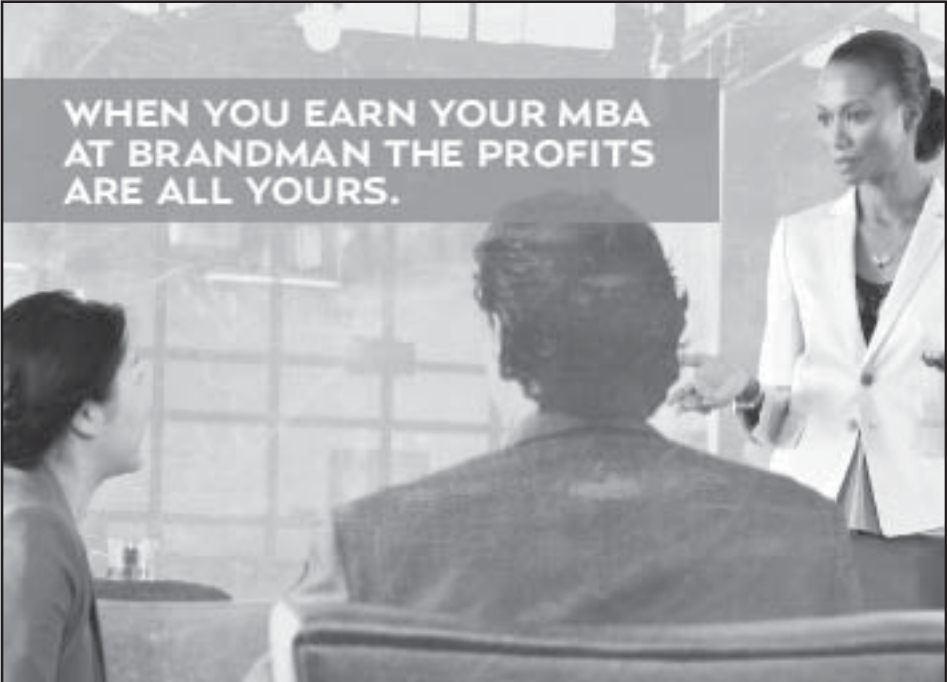
My friends who doubt the authenticity of rap music are hooked by a few of Eyedea’s verses and full on hip-hop fans after one mix CD of underground artists.

Many artists like Atmosphere or Murs are normal people who rap about life, love, misfortunes and inebriated adventures, much like the stories passed between my friends or overheard in class.

Many underground artists I know put more mainstreams artists to shame with their flow, rhyming ability and ear seducing beats.

Life is too short; expand your horizons and try giving the real underground hip-hop artists a chance. You can check out anything by Rhymesayers Entertainment or other underground labels/collectives like Living Legends or Hieroglyphics. Our time on earth isn’t guaranteed, and the fallen prodigy that was Eyedea, who strove to further his beloved underground rap scene, is proof of that.

Check out CoyoteChronicle.com for more columns, blogs and videos!



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CSUSB professor poet 'tangos' to success

By **STEVEN AVILA**
Staff Writer

It isn't very often that a first book in an author's repertoire surpasses expectations. It's a rare achievement, and a CSUSB campus faculty member has done it.

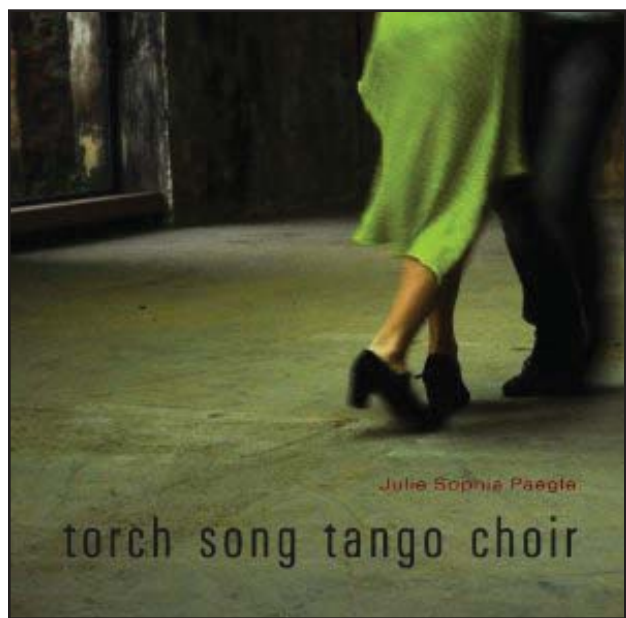
"Torch Song Tango Choir" is the first published collection of poetry from CSUSB English professor Julie Sophia Paegle.

Paegle writes with clarity and fluidity that is extremely difficult to match, especially in poetry.

"Torch Song" shows a mastery of the craft, as well as a deep appreciation and a bond with the form.

The reader is left with a profound sense of memory, of having experienced someone else's life and seen both the happy and the heart-breaking.

There is also an overwhelming feeling of déjà vu, as



Paegle's words come off the page as both deeply personal and yet universal.

The poems exhibit a powerful voice, completely in control of its words while leading the reader through valleys of emotion and raw imagery.

"Clock and Echo," a poem featured in "Best New Poets 2007," boldly declares "Confession is the better communion."

This plays into the book as a whole, as these poems read as confessions of memory, family, and time.

Much of this memory centers on Paegle's family, especially her grandparents.

"Good-bye Love Song for My Grandmother's Walks" is one of the most moving pieces of the collection. It paints a portrait of the aftermath of her grandmother's stroke, remembering her father "tracing the lines of her dead right hand."

At the same time, the poem, as do many in the collection, confronts Paegle's family and past. Paegle, a self-confirmed insomniac, says that much of "Torch Song Tango Choir" is a result both of that sleeplessness and that past.

In this way, the collection effortlessly speaks to a broad spectrum, as every family, every heritage, has its secrets.

The imagery is silent and powerful, putting the reader in the room with the family and figures existing in Paegle's memory.

Drawing on her Argentinean ancestry, Paegle often blends the Spanish and English languages together. In doing so, she creates a beautiful landscape of language.

This blend produces powerful lines and thoughts. In a single poem, she crafts "Recordando el pasado quo lo hace sufrir," and goes to beautifully convey pain as "dolor made crystal."

Yet these works argue that Paegle's first language is neither English nor Spanish, but poetics.

Like other critics, Paegle's own peers have weighed



Paegle

in on "Torch Song."

Fellow professor and Chair of the English Department, Juan Delgado said, "Julie's book will establish her as an important voice in poetry."

English professor, Corinna Vallianatos, says she was led on a tour through the world of "Torch Song" by "the most incredibly intelligent, uncannily musical and preternaturally attuned tour guide ever."

Vallianatos goes on in praise of Paegle, saying that she has, "terrific amounts of empathy and an almost scarily sharp mind."

The poems within the book have appeared in such journals and anthologies as "Ploughshares," "Third Coast," and CSUSB's own "Pacific Review."

Though the University of Arizona Press's official release date was Oct. 15, "Torch Song's" first printing, released some weeks ago, is nearly sold out.

"Torch Song Tango Choir" is currently available in the Coyote Bookstore and other major bookstores.

Sufjan Stevens heads in new direction with "Adz"

By **JENNIFER BAUGH**
Staff Writer

Brooklyn-based, indie artist Sufjan Stevens' long anticipated album, 'Age of Adz' serves as a warning for what the future holds for the talented performer.

If you are expecting the usual folksy, baroque-pop arrangements, you can quickly reset those expectations. Instead, approach this as an intellectual, psychotherapeutic exercise that demands for personal meditation. It is as magical as it is spiritual.

The album begins with 'Futile Devices,' a delicate arrangement of gentle piano taps and plucking guitars. The song then ends as if it's in the middle of a thought that leads into the monstrous, over-powering "Too Much."

The melodies are dreamy as the lyrics seem to follow the circuitous ideology of 20th century visionary artist Royal Robertson, who was the inspiration in the making of the album. It's a bold move for Stevens to make, linking his work with the work of the schizophrenic artist, titling the album after one of his works "The Age of Adz".

However, it is not a surrender into the dark affairs of paranoia as seen in many of Robertson's works. Stevens de-



Courtesy of Asthmatic Kitty Records

Continued on Pg. 9

Kanye’s controversial album really a controversy?

As the artist moves to reinvent himself, some are speculating a creative album cover is just a publicity stunt

By **PATRICIA FISCHER**
Staff Writer

In a society where sexually explicit content rules the media gateways, one artist’s album cover is being banned for its erotic display and has Wal-Mart allegedly prohibiting the controversial cover.

Kanye West, rapping hip-hop star, known for his creative lyrics, powerhouse beats and unique fashion style, is in an outrage that the cover artwork for his album *My Beautiful Dark Twisted Fantasy* is being denied from Wal-Mart shelves for its Nov. 22 debut.

The cover of West’s album displays a painting of a naked male lounging on a couch with an armless nude woman. Kanye describes the armless woman as a Phoenix, showing her bare necessities, and straddling the Kanye “look-alike.”

West’s reaction to the so called Wal-Mart rejection was publicly displayed from his personal Twitter account.

“Yooooooo they banned my album cover! They don’t want me chillin on the couch with my phoenix! So Nirvana can

“So Nirvana can have a naked human being on they cover but I can’t have a PAINTING of a monster with no arms and a polka dot tail and wings.”

Kanye West, in a tweet

have a naked human being on they cover but I can’t have a PAINTING of a monster with no arms and a polka dot tail and wings.”

As everybody knows, Wal-Mart only carries edited versions of media found in their stores. A representative for Wal-Mart gave this statement to the press in regards to the album cover.

“We’re excited about Kanye West’s new album and we look forward to carrying it in our stores on Nov. 22. As always, it’s our standard practice to carry the edited parental advisory version. We did not reject the cover artwork and it was never presented for us to view.”

After the statement came out regarding the album artwork, it makes you wonder whether or not Kanye’s cyber outcry was simply an act of self promotion for the upcoming album, or artistic suppression.

Considering West’s past reputation, he needs some type of help to rebuild and salvage his image to make any kind of success with his latest release.

Until then look for the new album to release on Nov. 22, wherever it’s being sold.



Courtesy of Def Jam/Roc-A-Fella
The album cover for *My Beautiful Dark Twisted Fantasy*.

Stopping suicide attempts one day, sentenced to prison the next

T.I. in trouble with law again

By **MONICA CARD**
Staff Writer

Just five months after finishing a prison sentence on federal weapons charges, rapper Clifford “T.I.” Harris has now been sentenced to serve 11 months in prison for violating his parole.

The rapper’s life has been extremely busy as of late. Two days prior to his court date for violating his parole, T.I. saved a man from committing suicide.

On Oct. 13, police received a 911 call from a man who was going to jump off the roof of a building.

T.I. was heading to his video shoot, when he turned on his radio and heard the breaking news about the man, who said he was “tired of living” and wanted to end it.

The rapper said he went to the scene of the incident and told police officers of his desire to help resolve the situation.

T.I. reportedly recorded a video message to play the distraught man, to convince him that he was really in the lobby and wanted to speak to him. The man came down and spoke with T.I.

Two days after the ordeal was all over and done with, T.I. showed up to court and was sentenced to 11 months in jail for violating his parole.

T.I. and his wife were pulled over Sept. 1, during a routine traffic stop in West Hollywood after making an illegal U-turn.

When officers approached the vehicle they reportedly smelled marijuana coming from the vehicle, which prompted a search of the car and the passengers. T.I. and his wife were arrested.

T.I. was charged with possession of ecstasy, associating with a convicted felon, and being under the influence of opiates.

Last year T.I.’s bodyguard delivered three machine guns and two silencers purchased at an Atlanta shopping center. T.I. paid his bodyguard to purchase the weapons on his behalf because he is not allowed to purchase or own guns due to a prior federal conviction.

The rapper was arrested for, and later convicted of possessing unregistered machine guns and silencers.

T.I. was sentenced to one year and one day in prison on the federal weapons charges. Of that, T.I. served seven months in an Arkansas prison and three additional months in a Georgia halfway house.

T.I. also had to serve a three year parole term as a plea bargain to this federal weapons case.

A judge ordered him not to commit another federal, state or local crime during that period. He was also ordered not to illegally possess a controlled substance.

T.I.’s probation conditions included supervised release for three years, DNA testing and drug counseling, as well as a ban on owning firearms and an agreement to submit to reasonable searches.

Clifford “T.I.” Harris is a 30 year old Grammy Award-winning rapper. He has gone platinum with such hits as “Whatever You Like” and “Dead and Gone.”

T.I. told radio station V103-FM in Atlanta that he’s learned by trial and error after each arrest and has learned his final lesson.

Jackass 3D: Three dimensions of raunchiness

By **ISABEL TEJADA**
Staff Writer

Johnny Knoxville, Bam Margera, Steve-O, Wee Man, and the rest of the cast have proven themselves once again with their nauseating, hilarious film “Jackass 3-D.”

The Jackass franchise has done wonders in the box office, making \$50 million in the opening weekend with the film. It did so well that the Jackass troop is planning to release a speedy sequel with all the extra footage that was cut from the film.

The stunt-loving cast filmed all over the place: from snowy mountains to the hallways of comfy hotels and everything in between.

The film starts off with an introduction by Beavis and Butt-Head explaining how the 3-D effect works. They pass it on to Johnny Knoxville who introduces the whole cast by pulling pranks on each other as they line up against a rainbow.

From there they move on to a toga party in one of the member’s backyard and watch Knoxville fly across the pool with a jet ski.

Though Knoxville didn’t really get hurt, the guy who lived in the house was worried that his dad was going to cut off his allowance because they broke the fence.

There on out the stunts get so raunchily funny that you’ll want to puke.

Their disgusting acts include an erupting butt volcano that is camouflaged in a nice replica of a forest.

As if that wasn’t enough, they moved on to a sweaty cocktail. There the Jackass crew helps collect one of their members sweat and hands it over to squeamish Steve-O to drink; his first cocktail since his vow of sobriety.

That little stunt triggers a puking con-

test against Steve-O and the camera guy, who apparently has too weak of a stomach to be recording the insane stunts of the Jackass crew.

Steve-O and his insanely nervous partner move on to terrorizing thousands of angry bees by dancing around. Steve-O’s partner runs off like a chicken without a head from the swarming bees.

To add insult to injury Steve-O is strapped down in a bungee-jumping port-o-potty filled with a variety of excrement. If that was not disgusting enough; Steve-O ended up being in the middle of a chunky shake. As the crew opened up the port-o-potty the rest of the cast had a gagging fit.

From there on out the Knoxville and cast is involved in risky stunts such as getting trampled by a bull, bitten by a vicious dog, climbing a tremendously tall pine tree and having it cut down, and not to forget Bam’s worst nightmare, being thrown into a hole with snakes!

Though when it seemed Bam had had enough, he got back at his fellow cast members by performing a stunt you’ll just have to see for yourself named, “The Rocky,” captured by, you guessed it, a penis-cam.

As the film came to an end, the cast wrapped it up with pictures and clips of their younger days.

For its explosive grand finale the Jackass cast sang along with Weezer to their single “Memories” from their September 2010 album Hurley. The final moments of the film were filled with chaos due to an explosion triggered by Knoxville. There the whole cast was blown away from every direction.

The film was gut wrenching, filthy, funny, everything the cast wanted.

If you like nauseating fun Jackass 3-D is the film to see.

Ready for “RED”

Age-old film favorites Bruce Willis, Morgan Freeman, John Malkovich and Helen Mirren join Mary-Louise Parker in RED (Retired, Extremely Dangerous), a film about a group of retired CIA agents who haven’t lost their spunk.

By **BRITTANY SHAW**
Staff Writer

The team behind the movie “RED” took a typical storyline and ran with it, making it unique and thrilling in many different ways.

The movie’s cast includes Bruce Willis, Mary-Louise Parker, Morgan Freeman, John Malkovich, and Helen Mirren. These dynamic actors did an excellent job in making this film both hilarious and action packed.

Also involved in helping to make the movie everything it is, are Karl Urban, Brian Cox, Richard Dreyfuss, and Ernest Borgnine.

It starts off slow, with humor and sarcasm at every corner, but as the movie continues, fight scenes, gun shots and explosions are easy to come by.

“RED” stands for Retired, Extremely Dangerous. A label that has been given to former CIA agents played by Frank (Willis), Joe (Freeman), John (Malkovich), and Victoria (Mirren).

These four retired CIA agents are marked as extremely dangerous and are put on a hit list by the CIA, but they do not go down without a fight.

The CIA was concerned that they know too much, and dispatched a team of top assassins to ensure their silence. This forces the team to get back together and fight back once again.

The team realizes there is no hope in defeating them unless they break into the CIA headquarters and expose the truth.

However, they uncover far more than

they could have ever imagined, and in a comical fanfare, the retired agents fight back, bringing out their old training skills to save the day.

“They just don’t make them like that anymore,” says a character in the movie talking about the retired agents.

But don’t let the fight scenes persuade you into thinking this is just another rough-and-tumble action movie, there is also a love story throughout the film.

Before almost being killed, Willis has an estranged damsel in distress relationship with Sarah (Parker), with her being kidnapped during part of the film.

This is a rough way to start off in the direction of romance, but it seems to ultimately work in Willis’ favor.

It seems like a typical action flick, but with some unique humor in every scene and a plot that, thanks to the actors, never weakens during even the most heated fight scenes.

It’s something that is easily enjoyed, and easy to watch, making it a good date movie, as it has a little something for everyone.

Willis’ romance appeals to a more feminine crowd, while still supplying the muscles and explosions of an masculine action movie.

Action, explosions, comedy and love; Four complete aspects that make this movie rare and one of a kind.

Its humor is raw, its love scenes are comical, and the action is unforgettable.



Kings of Leon’s “Come Around Sundown,” a crowd-pleaser, explorative venture

The band’s fifth album is reaches new fans, while retaining that classic KOL sound

By **COURTNEY KEEFE**
Staff Writer

Kings of Leon’s new album “Come Around Sundown” is a switch from their old sound but is sure to bring a new crop of listeners with their wide array of sampling different of music.

Come Around Sundown is the group’s fifth album in seven years. It was produced by songwriter Angelo Petraglia and producer Jacquire King who also produced the band’s previous hit album, Only by the Night.

The new album has a widespread sound with their usage of some doo-wop elements for the track “Mary.” They also play to their grassroots in “Back Down South.”

Personally my favorite song is “Back Down South,” which incorporates bluesy haunting vocals, creating a noteworthy track.

The track may be as much as a hit as “Use Somebody” from their last album. All of these nuances help the album create a wonderful mixture of musical textures.

Their drummer Nathan Followill noted their new albums widespread sound in a MTV interview, “It’s got songs that

are beachy, it’s got songs that are a little more like our [debut full-length] Youth and Young Manhood days...”

Their last album Only by the Night, reached overnight success in Ireland, the UK, and The United States and won them four Grammys and two Brits.

Compared to their previous album, Come around Sundown is a great move with its tailored sound, guitar riffs and vocals that show their maturity as a group.

It allows them to distance themselves from the success of Only by the Night, giving their new album the availability to stand on its own without being pressured to regenerate the same success of their last album.

Though they still keep their mainstream appeal in a couple of songs, in this album we get to experience a little more of whom Kings of Leon really are and the music they love to make.

If you were a fan of Only by the Night then I definitely think you will find Come Around Sundown fulfilling. It is a great add to their musical library on their continued path to super stardom.

Continued from Pg. 7

“Age of Adz” amazes

parts from the bleak and instead features the all-familiar apologetics heard from him in the past.

Not long after Stevens’ ambitious 50 States Project, a constructed concept album based on each state in the union, he then fell into an existential crisis as he started to question the foundation of his musical career. However, amid the rumors of his retirement last summer, he released two albums, the EP ‘All Delighted People’ and the now full-length album ‘Age of Adz.’ This album could be seen as a post-crisis response involving hollering rants rather than benign whispers.

‘Impossible Soul,’ lasting a whopping 25 minutes, is probably one of the most debated songs of the album. It begins as a warning with its creepy, angelic vocal lines Don’t be distracted, with a cheerleader call-and-response feel underplayed with sounds that are ghostly as they are enticing. The second half then leads into a celebratory, hip-hop venture; Boy we can do much more together/ it’s not so impossible.

The instrumentation of the album provokes a montage of synthesized, hip-hop rhythms, and ethereal vocal arrangements all overlapping at once. You could almost take it as juxtaposition to the common elements of electronica, with the abusing and bending of its limitations to reach a higher musical altitude that may come off as self-indulgent.

Those who overlook the brilliance of this work remain blinded by its indifference to the common A-B song structure. It’s nothing new for Stevens to include several different elements of musicality while meticulously conjuring up a central melodic theme

‘Age of Adz’ is as meticulous as it is genius that touches on the wrath of anxiety, loneliness behind paranoia, and the possibility of hope. There is no absolute definition in what this album protests, yet it is simply mind-blowing. We have definitely learned a new side to Sufjan Stevens.

Check out CoyoteChronicle.com for more stories, reviews, photos and more!



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Waiting to be waited on

Throw a Coyote a bone, students are waiting too long on Sodexo to eat

By **ANDREA BRANDSTETTER**
Staff Writer

Students plates are full with tuition hikes, textbook fees, limited parking, balancing work and school. Add to this the growling stomachs that are lasting longer than anticipated.

Many students are complaining about the amount of time they spend waiting for their food at several of the school’s popular dining establishments.

“I hate the long lines. I wish the food service was faster,” said Freshman Manuel Garrido.

Garrido’s who eats at Taco Bell, claims that their lines have taken 10 to 15 minutes to pass through.

Senior Kimberly Boydston can sympathize with Garrido’s frustration. She too has found herself waiting in long food lines, particularly at the Coyote Store.

“Going in there is usually impossible on Tuesdays and Thursdays,” she said, referring to the store crowds.

For Boydston and others, standing in long lines is just part one of their concerns. They’ve also had to deal with extended waits after they’ve ordered their food.

Students who are looking to grab a quick snack in between classes have sometimes found themselves late to class as a result of these waits.

This was the case for Malik Mallory when he ordered a salad at The Blue Coyote Pub & Eatery last week.

“The line wasn’t even that long, and the order took 25 minutes,” he said.

The complaints made by Mallory and others haven’t gone unnoticed.



Andrea Brandstetter | Chronicle Photo

Students are annoyed with Sodexo’s long lines and wait time. Some students prefer to go off campus for their food needs because they feel the service will be quicker than at school.

Dave Janosky, general manager of food services at CSUSB, says that these complaints are entirely valid.

Janosky works for Sodexo Inc., the foremost provider of integrated food and facilities management services at various schools throughout the U.S., Mexico, and Canada. As of 2008, Sodexo has been in charge of all dining and catering operations at CSUSB.

Janosky insists that he and other Sodexo employees who work on campus are committed to fulfilling the needs of students in a timely and efficient manner.

“We want to be of service to students and provide them with a good product. So

we’ve made it a point to try to decrease the amount of time students have to wait,”said Janosky.

He believes the long waiting periods experienced by students are due to a combination of factors, some of which can’t be controlled.

“The biggest issue we’ve had is the volume of people,” said Janosky.

He believes that the higher the student volume is in a particular food establishment, the harder it will be for this establishment to keep the lines moving.

Some might suggest that Sodexo hire more employees to eliminate this problem, however, Janosky feels that the number of

workers at each food establishment is currently sufficient. According to him, hiring too many staff members would result in an overcrowded work environment.

Still, Janosky and other Sodexo managers have taken steps to fix other problems which may be contributing to lengthy wait periods for students food. For example, they are currently working with CSUSB to increase the speed of their cash register system that is used to process food orders.

Ultimately, Janosky wants students to know that their concerns are always welcome.

“Students are the reason why we’re here,” said Janosky.

Students get the best of both worlds in the classroom

By **JUSTINE DESAUTELS-ZARBATANY**
Staff Writer

From the beautiful scenery to a number of activities on campus, CSUSB is a place where everybody can find what they’re looking for.

On an academic level, the university offers more than 70 traditional baccalaureate and master’s degree programs. Many of the education credential and certificates programs have earned national recognition.

What makes the classes entertaining for students? There are many factors: the teachers, the classmates, the way the subject is brought up, even the general atmosphere.

For Laura Martino, her favorite class is Media and Justice.

“The teacher is a cop, and she’s really funny, so that makes it interesting for us,” said Martino.

What makes it even more appealing is the way she can transpose the content of her class in real life situations. The professor will make the students question themselves about what they would do if any situation happened to them.

Andrew Bozeman, majoring in Communications, thinks Gender, Race and Media is the class he prefers.

“The group projects we do in this class are so much fun! They make us interact with classmates we don’t usually talk to, and we can learn so much from them,” said Bozeman.

Professor J. Scott Rodriguez makes the class all the more interesting because of his background. He has been in China to teach, so he has a different perspective on some issues brought up.

Aaron DesCombes, another student from CSUSB, didn’t think twice when asked what his favorite class was.

“For me, it’s definitely my pro-seminar class. It’s mostly about historiography of the Revolutionary War. Basically, we talk about how historians have interpreted the American Revolution,” said DesCombes.

For him, going to class is not about attendance, it’s more about what you can learn.

The class gives him more perspective on the American Revolution than he previously believed. It broadened his horizons and extended what he already knew about the subject.

Students have many reasons why they like one of their classes more than another. It’s no different on my part.

Challenging myself is one of the most important thing I want when I attend a class. For that reason, I have to say that my most interesting class is Introduction to Television and Video Production.

I love watching television, but the knowledge behind all the production is more elaborate than I ever thought. Not only am I not familiar with a production room, but I never studied types of cameras or angles of lighting.

Learning this makes it much more interesting to analyze all the details of any kind of production.

Whatever your classes are, make sure you have fun with them. Even if they don’t seem that interesting, try to make the most out of it by learning from the professor and other classmates, and make your experience worthwhile!



Richard Bowie | Chronicle Photo

CSUSB students enjoy their classroom time. Taking learning to a new level many teacher bring the fun to the classroom.

More than hocus pocus, David Blaine boggles the mind

By **RACHEL CANNON**
Staff Writer

David Blaine, a tall, imposing man who dresses mostly in black, has an almost palpable air of mystery around him.

He is the man who revolutionized street magic, spent 61 hours encased in a massive block of ice, and, more recently, shackled and submerged himself into a giant water-filled sphere for a week.

“It’s more gratifying for me to do something that’s real, that has a real element of risk,” said Blaine. “Many magicians are more focused on making the audience mystified, but there’s something that makes me want to challenge myself. . . I don’t think I’d really be able to get excited on something that’s not real.”

Indeed, the consequences of his challenges have been all too real for the magician, who has suffered extreme hallucinations, hypothermia, and other serious health problems as a result of his stunts.

“I think the most intense was when I was in the block of ice and I had serious sleep deprivation, plus standing in one place in the cold, so after three days of that my brain started to slip,” said Blaine.

He aims to one day break the world record for longest period without sleep.

According to the National Sleep Research Project is 18 days, 21 hours, and 40 minutes.

Guinness World Records no longer publishes this information for fear that would-be record holders might suffer serious negative consequences to their health while attempting to set a new record.

When asked to describe what sleep deprivation was like, he said, “You’re having these nightmares and these dreams, but your eyes are open, and you can’t distinguish whether what’s going on is real or you’re dreaming.”

He hopes to one day overcome these setbacks and break his next record.

According to the New York Times, Blaine has already held the records for longest time spent in a block of ice, at 63 hours, 42 minutes and 15 seconds, and for the longest time spent holding one’s breath,



Rachel Cannon / Chronicle Photo

David Blaine is know for his extreme stunts. Although he knows the consequences of sleep deprivation hopes to one day break the record for longest time spent without sleep.

at 17 minutes and four seconds, both of which have since been broken.

Blaine seems to have a fascination with other types of physical deprivation as well.

He is extremely interested in fasting and food deprivation, which is a recurring element in his endurance stunts as well.

When asked about the appeal fasting holds for him, Blaine described a “heightened sense of awareness” as a result of dramatically decreased insulin levels. “Your brain functions at a much higher level; your memory is much stronger when you have lower levels of insulin.”

According to his autobiography, Mysterious Stranger, ascetic monks who willingly endured long periods of fasting and other unusual self-punishments are a great source of inspiration to Blaine.

For example, the idea for Vertigo, his 2002 stunt in which he stood atop a 100-foot tall pillar in Bryant Park, New York City, for 35 hours, came in part from fifth-century monk San Simeon.

Simeon spent over three decades living atop a similar pillar to escape the decadence of life below.

Many of Blaine’s stunts have stemmed from the idea of casting aside excess and

seeking a state of simplicity.

The extremes to which Blaine has pushed himself are incredible, but they don’t seem to be deterring him from aiming for even more fantastic goals.

In an interview for the New York Times, Blaine said, “I think a lot of people are unable to accept that they’re able to do what they can do. That we can survive. The human organism is an amazing creation.”

Although he has certainly had a fascinating and intense career thus far, David Blaine’s magical journey is still far from over.

When asked what he considered to be the defining point of his career, Blaine responded simply, “I haven’t hit that yet.”

If his previous stunts are any indication, these feats promise to command the world’s attention.

Halloween history revealed

By **MAUDE TEASDALE**
Staff Writer

Halloween is one of the world’s oldest holidays, celebrated in many countries, in many ways and under different names. The word itself, Halloween, came from the Catholic Church of the contraction of “All Hallows Day”, in honor of the saints. Originally, Halloween was a religious holiday from the Celtic and Roman mythologies.

It is a Celtic holiday in honor of Samhain, the god of death and a Roman holiday in honor of the goddess of fruit and trees, Pomona. This is the reason why the main colors of Halloween are black (death) and orange (harvest).

October 31 marked the end of the year for the Celts. They practiced several religious rituals to celebrate the season of the sun to the season of darkness.

Everyone in the community turned off the lights in their house and gathered in the forest to provide food to the spirits. They lit great bonfires, sang many songs and danced around the fire. People dressed up in scary costumes to frighten the terrifying spirits. It was also to scare off evil spirits.

Another old tradition is the carving of pumpkins or Jack O’Lantern.

Jack, a blacksmith in Ireland, was a miserable nasty drunkard. He liked to play tricks on everyone. One day, Jack was in a tavern, Devil appeared and claimed his soul. He asked the devil to give him a drink, a nightcap before heading to hell. The devil agreed and was transformed into a sixpence. Immediately, Jack placed the

sixpence in his purse.

Years later, Jack died. The devil refused to leave the entrance to paradise and hell. Jack finally convinced the devil to give him a piece of burning coal to light his way in the dark. He placed the coal in a turnip to use as a lantern.

Over the centuries, the turnip was replaced by the pumpkin. Today, pumpkin carving is one of the important symbols of America’s Halloween celebration.

According to the Jack O’Lantern legends, pumpkins are supposed to scare away evil spirits.

Today we can still see the pumpkins glowing on doorsteps, as tradition old and new clash on the doorstep as ghosts and goblins receive treats for their tricks.



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Having healthy habits

Exercising tips for students on the go to stay fit and healthy for life

By **RACHEL CANNON**
Staff Writer

There are many ways to sneak exercise into your daily routine. For students who have hectic schedules they can still achieve the needed hour exercise without having to do it all at once.

“I don’t have time to exercise.” Sound familiar? This excuse is extremely common, especially among college students. It seems impossible to balance an exercise regimen between classes, homework, jobs, and student organizations.

According to the Mayo Clinic’s web site, “Regular exercise can help you control your weight, reduce the risk of heart disease, and strengthen your bones and muscles.”

The American Medical Association has recently announced that women need an hour of moderate-intensity physical activity a day, double the 30 minutes previously recommended.

Walking more can be a simple way to incorporate more exercise into your day.

Parking further away, taking the stairs instead of the elevator, and walking to the store are great ways to burn more calories. If walking takes up too much time, consider riding a bike instead. Maximize your calorie burn by speed-walking and walking up hills as much as possible.

The Student Recreation and Fitness Center offers many gym machines which can be great ways to get cardio exercise. Try the rowing machine, elliptical, exercise bike, or treadmill.

Many of these can also be combined with reading your textbooks, to save even more time.

There is a number of fun, effective exercises you can do at home without taking a lot of time or equipment. Jogging in place while watching TV, jumping rope, or dancing to your favorite artist are all enjoyable activities with a high calorie burn.

You can combine different exercises into a quick routine you can do at home. Exercise.about.com recommends a number of different moves you can try, including jumping jacks, lunges, and different hops.



Rachel Cannon / Chronicle Photo

April Standifer keeps up with her exercise by using the Rec Center equipment. Everyday activities are a good way to incorporate exercise in your daily life and help you to stay in fit.

For ski hops, keep your legs together, and jump from side to side. Burn more calories by making wide jumps and squatting low upon your landing.

For squat hops, keep your feet at shoulder-length, squat low, and jump forward. In addition to cardio, strength training is very important as well. For the best workout in

a short period of time, try doing exercises that work multiple muscle groups.

Push-ups are a great choice. So are chin and tricep dips, for which there is a machine at the Rec Center.

A great idea is to combining multiple strength training exercises into one.

You can do planks with leg extensions

or lift weights while doing lunges.

When lifting weights, be sure to incorporate a variety of different techniques, such as bicep curls, lateral raises, and tricep kickbacks, to exercise all of your muscles.

If you’re unsure about how to start a strength training routine, be sure to visit the Rec Center and meet with a trainer.

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Quick tips for a great workout

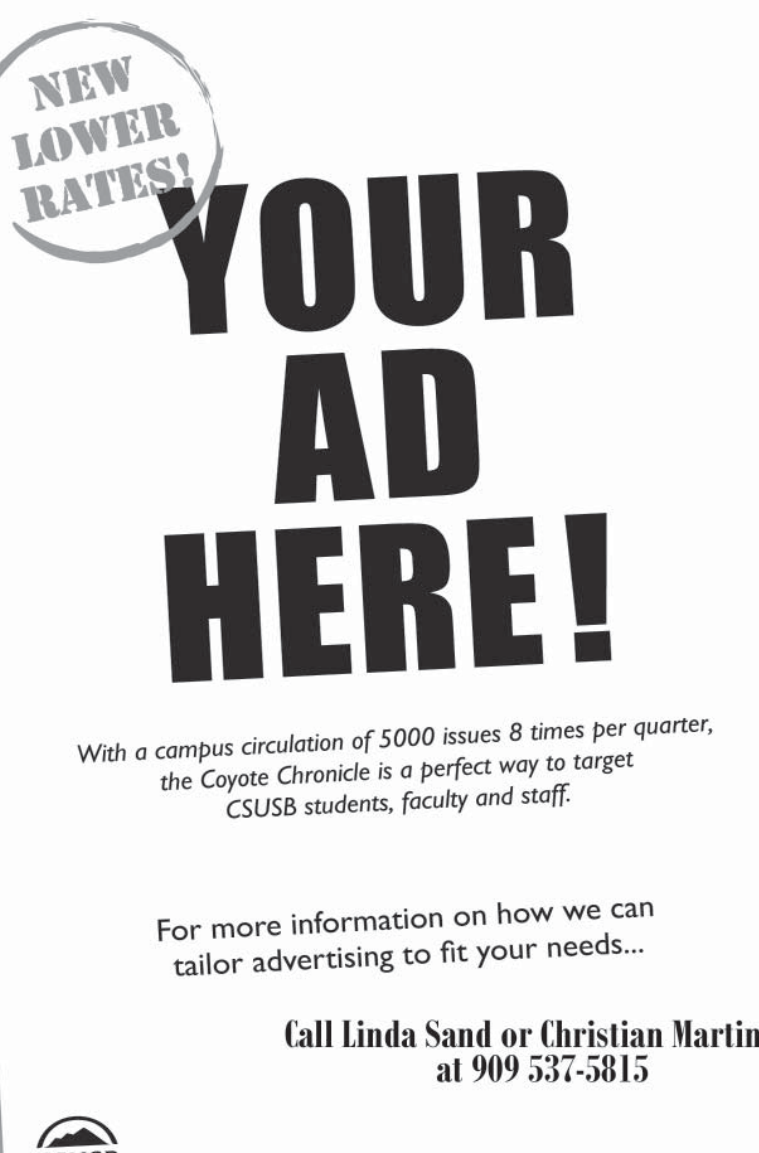
-Keep hydrated

-Invest in workout shoes

-Don't over work your body

-Stretch before workouts

-Exercise with others




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CSUSB

Student Union; “It’s in the game”



Brian Dini (left), facing off against Patrick Ramos (right) in the championship game in the Santos Manuel Student union.

By **LEVI BURNFIN**
Staff Writer

For the first time since 1969, the Minnesota Vikings won a championship and they did it at CSUSB.

The Santos Manual Student Union’s (SMSU) Gamer’s Lounge, with the help of ASI and Intramurals, hosted a Madden 11 tournament. Twenty-four players from across the CSUSB student spectrum gathered to challenge themselves against the best Madden gamers the university has to offer.

“I came here to win the game,” said Oscar Muro, a law enforcement major.

The Gamer’s Lounge, ASI and Intramurals provided the Xbox 360 consoles and games for the tournament whose champion would be awarded a Madden 11, for the Xbox 360.

The tournament was held to highlight the summer renovation of the Gamer’s Lounge inside of the Student Union and to promote the programs that ASI and Intramurals has to offer.

The four gaming consoles were connected to big screen televisions where the Madden battles played out.

The tension could be felt in the air while the gamers sat down for the first round of games. Cheers and moans could be heard at every gaming station while players were trying to find ways to defeat their opponent.

After the first round of games, only 12 gamers were left but several of the de-

feated players stayed around the Gamer’s Lounge to watch the next round of thrilling matchups.

“I played pretty well but the players here are so good,” said Amen Odigie, a finance major.

Brian Dini, a business and management major, and Patrick Ramos, a psychology major, were left to battle for the right to be called CSUSB’s best Madden player.

Ramos, playing with the Dallas Cowboys, and Dini, playing with the Minnesota Vikings, sat down in front of a crowd of about 25 to finish the tournament on a high note.

Ramos got the ball first and began his drive but made a crucial mistake by throwing an interception in Cowboy territory. Dini, doing what great players do, capitalized on the mistake by scoring a TD a few plays later to take the lead 7-0.

When Ramos got the ball back on offense, he started to drive down the field to find a way to tie the game up. Again, he threw an interception, but this time the interception was returned for a touchdown to extend Dini’s lead to 14-0.

Dini extended the lead with another interception return for a touchdown the next drive and even though Ramos cut the lead to 21-13 at half, Dini took back full control of the game with a kickoff return for a touchdown at the beginning of the second half.

Dini finished Ramos off with another interception and Dini was crowned CSUSB’s Madden 11 champion.

Teeing off for scholarships

By **CHRISTIAN MARTINEZ**
Staff Writer

Raising over \$600,000 for more than a decade is the focus of a golf tournament that generates income for athletic scholarships at CSUSB.

The 15th Annual Dave Stockton Coyote Classic golf tournament is set to take place Monday, Nov. 15 at the Arrowhead Country Club in San Bernardino.

All proceeds go straight to CSUSB athletics, creating an opportunity to provide student-athletes with tuition, books, travel and equipment necessities.

Raising close to \$700,000 since the inception of the tournament, Dayna Brown, the special events Coordinator for CSUSB Athletics, says she feels confident that an abundant amount of proceeds can be raised despite the ongoing economic crisis.

“Our forecast goal is \$15,000 for this tournament. We’ve had larger goals in the past but due to the financial trials we are trying to be realistic this year,” said Brown.

Last year’s tournament proved that even through tough economic troubles, people are still willing and are very generous to support CSUSB student athlete scholarships.

The 2009 tournament grossed over \$70,000 with more than 100 golfers who participated and donated charitably.

Although the tournament is costly (\$395 per person, \$1,400 per foursome), much anticipation is expected. Brown said he estimates 85 to 120 golfers participate each year and that number is rising.

“Most of the corporations who participate either alone or in foursome pairs are actually alumni of California State University, San Bernardino,” said Brown when asked how prominent alumni involvement is. “The CSUSB Alumni Association is always eager to play in the tournament and participates every year,” she added

The scholarships go to all athletes of all 10 sports teams at CSUSB. Athletes are awarded scholarships prior to the start of the fall quarter and the scholarship is on a year by year basis.

The biggest concern this year for the tournament is sponsorship. It may not be as easy going this year, but it continuing at a steady rate.

Dave Stockton, a San Bernardino native, serves as the host of the tournament. Stockton owns 24 professional tour championships in his PGA and Champions tours combined.

Stockton won two majors in his career - the 1970 and 1976 PGA Championships. He was credited with aiding the world’s second-ranked golfer, Phil Mickelson with his putting, which helped him win the 2009 Tour Championship.

Participants in the Dave Stockton Coyote Classic receive a photo with Stockton, complementary lunch and dinner, entry in the closest pin and long drive contests for men and women, admission to the awards presentation and also participation in silent auctions.

Openings are still available. For information, contact Dayna Brown, at (909) 537-5048.

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Register for the Wild Coyote Adventure Challenge at the SRFC for \$10. Complete the four activities listed before November 19 for a chance to win great prizes! ALL participants will receive a free tshirt.

Fat Talk Free Week aims to change student’s mindframe

By **MONIQUE BELTRAN**
Staff Writer

Do these jeans make me look fat?

Fat Talk Free Week is an event being held at CSUSB between Nov. 1 and Nov. 5.

The event is meant to try and get students, faculty and staff to stop focusing on weight and start focusing on health.

“We are hoping to get the campus to think more before they speak and eliminate ‘Fat Talk’ from their everyday conversations,” said Andrea Du Bois, Fitness and Aquatics Coordinator.

This is the second annual Fat Talk Free Week that CSUSB has hosted.

“This is a campuswide event. This program is aimed at the entire campus community. Even though the negative body image is often associated with females, I believe it affects males and females alike,” said Du Bois.

The program is put on by the Recreation and Fitness Center, in collaboration with Student Health and Psychological Counseling Center, Santos Manuel Student Union and the Women’s Resource Center.

A healthy body image is one of the main goals of Fat Talk Free Week.

“Working as a Fitness Coordinator I see people daily who are trying to change the way they look. I am a firm believer in working out and eating right, but I believe it is important because of the health benefits not because it makes you look like what society defines as acceptable,” said

Du Bois.

According to the National Weight Control Registry, one out of every four college-aged women uses unhealthy methods of weight control, including fasting, skipping meals, excessive exercise, laxative abuse and self-induced vomiting.

Hopefully this event will prevent some of these cases, and encourage young people to have a positive outlook about their bodies.

Du Bois believes the media plays a big role in defining the perfect body image.

“I know girls and young women in Southern California are shown daily what the Hollywood ideal in terms of size is. We walk by the magazine stand and see all these beautiful women on the cover of Elle, and People magazines,” said Du Bois.

“The best way to maintain a healthy body weight is working out. Regardless of how much you weigh and how you look, you get the benefits of physical activity as long as you are consistent in your workout,” said Du Bois.

The event is encouraging being fit and being comfortable in your body.

Most people obsess about their weight, when they should be focusing on getting healthy.

Fat Talk Free Week hopes to stop the endless talk about weight, and promote positive discussions about health.

FAT TALK FREE WEEK

November 1 - 5, 2010

Join CSUSB as we pledge to end fat talk. Come to one or all of the events to learn how to stop negative body image thoughts and create a positive attitude on campus.

"Wish Jeans" Denim Drive: Nov. 1-12
Donate those jeans that you "wish you could fit into" to make a stand against negative body image.

You look great, have you lost weight?

I need to lose 10lbs!

How are you so thin?

Do I look fat in this?

THIS IS FAT TALK SO LET'S END IT.

November 1:
11:30am - 1:00pm
Women's Resource Center

November 2:
2:30pm - 3:30pm
Lower Commons

November 3:
12:00pm - 2:00pm
SMSU Theater

November 4:
4:00pm - 5:30pm
Women's Resource Center

Courtesy of Recreation and Fitness Center


Recreation and Fitness Center, in collaboration with Student Health and Psychological Counseling Center, Santos Manuel Student Union and the Women’s Resource Center present Fat Talk Free Week, an event going on throughout next week.

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All day Obi dreams about soccer

By **MONIQUE BELTRAN**
Staff Writer



Monique Torres | Chronicle Photo

In overtime with the clock winding Obi Agwu scores the game winning point to bring the ‘Yotes to a 1-0 win.

The Men’s soccer team faced cross-town rival Cal Poly Pomona recently, and came up with a tough win.

“I never scored a game wining goal at home. It felt great because we were at home, and against our rival Cal Poly Pomona. It was a big win,” said Agwu.

The ‘Yotes played the Broncos twice last week and won both times, which made a big statement.

Last year, Agwu started all 21 of the games he played. He was ranked fifth in the CCAA and fourth in number of goals scored.

The recent game winner against the Broncos wasn’t the first one he has scored. Last year he came through in the clutch in games against Hawaii Hilo and CSU Monterey Bay.

In 2009 he notched 11 goals and three assists for 25 points. He was named All-NSCAA West Region and All-CCAA sec-

ond team.

Agwu started his soccer career young, at only four yeas old.

“My older brothers already played. My family really got me into it. I was always on the sidelines at their games with a soccer ball waiting for my turn,” said Agwu.

Agwu is originally from Alta Loma, and attended Alta Loma High School where he played soccer for four years.

Before every game, Agwu has a few things he does to stay focused.

“I listen to my iPod all day. I always pray before games. Oh, and chest bump with my teammate Julian Garcia,” he laughed.

He is also somewhat superstitious when he does not get to do these things before games, like most athletes.

“I don’t feel the same focus if I don’t get to prepare before a game. I have the game on my mind all day, and like I to stay focused the entire time.”

Agwu is majoring in Kinesiology, but

is not sure what he wants to do yet with his degree.

“I want to find something I’m passion-ate about,” said Agwu.

Agwu started at CSUSB because the ‘Yotes gave him a chance to play soccer his first year here. Also, he knew the head coach, Noah Kooiman, because Kooiman had previously coached Agwu’s older brothers.

When Agwu is not dominating on the field, he enjoys hanging out with his friends.

“I like to hang out with my teammates and play FIFA,” said Agwu.

Agwu does not have much free time, however. The team practices every day, with games on Fridays. They are working hard to win their next two games and make it to the CCAA tournament.

The ‘Yotes have a few home games left, and hope to go far into the post-season. With the help of Agwu and the rest of the team, they shouldn’t have too hard of a time.

Hamilton hits a homer, nabs MVP

By **NICK HOLDING**
Staff Writer

The Texas Rangers moved onto the World Series Friday night for the first time in franchise history by defeating the New York Yankees 6-1 in the ALCS.

The Rangers made the most of a wonderful pitching performance by Colby Lewis, a player who has come out of nowhere to provide stability in the Texas rotation.

Nelson Cruz and Vladimir Guerrero came up big with key hits to put the game out of reach. With that, the fans totally 51,404 were driven to a fever pitch, the celebration was on as the Texas crowd finally were rewarded for their patience and support over the last 39 years.

As the last out was made, ALCS MVP Josh Hamilton couldn’t help but reminisce about his career and past.

“I just kept thinking about where we were and thinking that at my lowest point in my life I never thought I could be a part of something like this,” said Hamilton while speaking to reporters after the victory.

Hamilton’s story is one filled of struggle and redemption. He was drafted first overall by the Tampa Bay Rays in 1999 as a highly regarded prospect.

Hamilton was well on his way to developing into the player he is today but in 2001, his life changed forever. He and his parents were involved in a car accident and was injured. That was the beginning of a life filled with drug and alcohol use.

He soon washed out of baseball and began to heavily use cocaine and alcohol. Many times Hamilton said he even thought about suicide. “There was even a night I thought about jumping off a building,”

said Hamilton when speaking to reporter Steven Resnick in 2009. “I had nothing to live for. So I tried to give up. There were a lot of days like that.

I let down so many people . . . I really didn’t think I deserved to live. It’s hard for me to believe I’m alive today.”

Redemption came in the form of many trades, beginning when the Cubs (who had acquired his rights of Tampa Bay) traded him to the Cincinnati Reds for \$100,000.

He blossomed with the Reds and soon was dealt again to the Rangers. The move set in motion the opportunity for Hamilton and the Rangers to end the season in a truly remarkable way.

Hamilton is now one of the best players in baseball and is the favorite to win the AL MVP award.

As for Hamilton’s team, the reward for their first ever AL pennant was well worth the wait.

“I can’t describe this feeling,” said Rangers second baseman Michael Young when speaking to reporters after the game. “These are incredible teammates, and incredible group of guys playing in front of incredible fans.”

Up next for the Rangers will be a matchup with either the San Francisco Giants or Philadelphia Phillies. The main storyline will surely be the Texas offense and the Giants or Phillies pitching.

The advancement to the World Series by Texas is just one more example of a postseason full of twists and turns. They defeated two of the favorites in consecutive rounds by defeating the Rays and Yankees.

Texas was a long shot to win it all at the beginning of the season but now they quite possibly are the favorites to win the fall classic.



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